

ARCA- Crisis Intervention Team (CIT) Partnership:

When homelessness, mental illness and substance use demand a crisis response.

Aaron M. Laxton, MSW, LMSW
Community Behavioral Health Liaison



Objectives

1. Why me, why ARCA
2. Learn about ARCA's CIT/CRU Project and other efforts
3. In-person, In-Community or Online
4. The St. Louis Addiction Treatment Care Continuum (STLATCC)
5. How to access ARCA CBHL

Address substance use and co-occurring mental health disorders among those in crisis, resulting in reduced law enforcement contact.



A bit about me...

- Veteran, US Army (SGT/E5)
- Community Behavioral Health Liaison
- Licensed Missouri Social Worker
- Direct Service x 10 years in St. Louis
 - Unhoused Populations
 - Veterans
 - Addiction Treatment
 - Harm Reduction
- Aged out of Missouri Foster Care after 15 years, mother lived with schizophrenia w/ paranoid features
- PhD student, Saint Louis University, School of Social Work
 - Trauma & Addiction Treatment



Sean Gibbs, LPC, CBHL (BJC)
Aaron Laxton, LMSW, CBHL (ARCA)

How can ARCA help?



- Largest provider of Medicated Assisted Treatment in Missouri
 - Census of approximately 3,000 patients
- Work with all substance, not just fentanyl
 - Uptick in Stimulants and Alcohol
- Provide clinical support to 44 clinical partners
 - Several partners focus on adolescents
- Full interdisciplinary team
 - 65 Employees
- Wait times for SUD 24-48 hours, emergent cases worked in as appropriate.
- Wait time for MH approximately 5 days, emergent as appropriate
- On-site pharmacy that can delivery medications if within 30 miles of St. Louis
- We can send medications to other pharmacies without problem.

Humanizing treatment and making it attractive



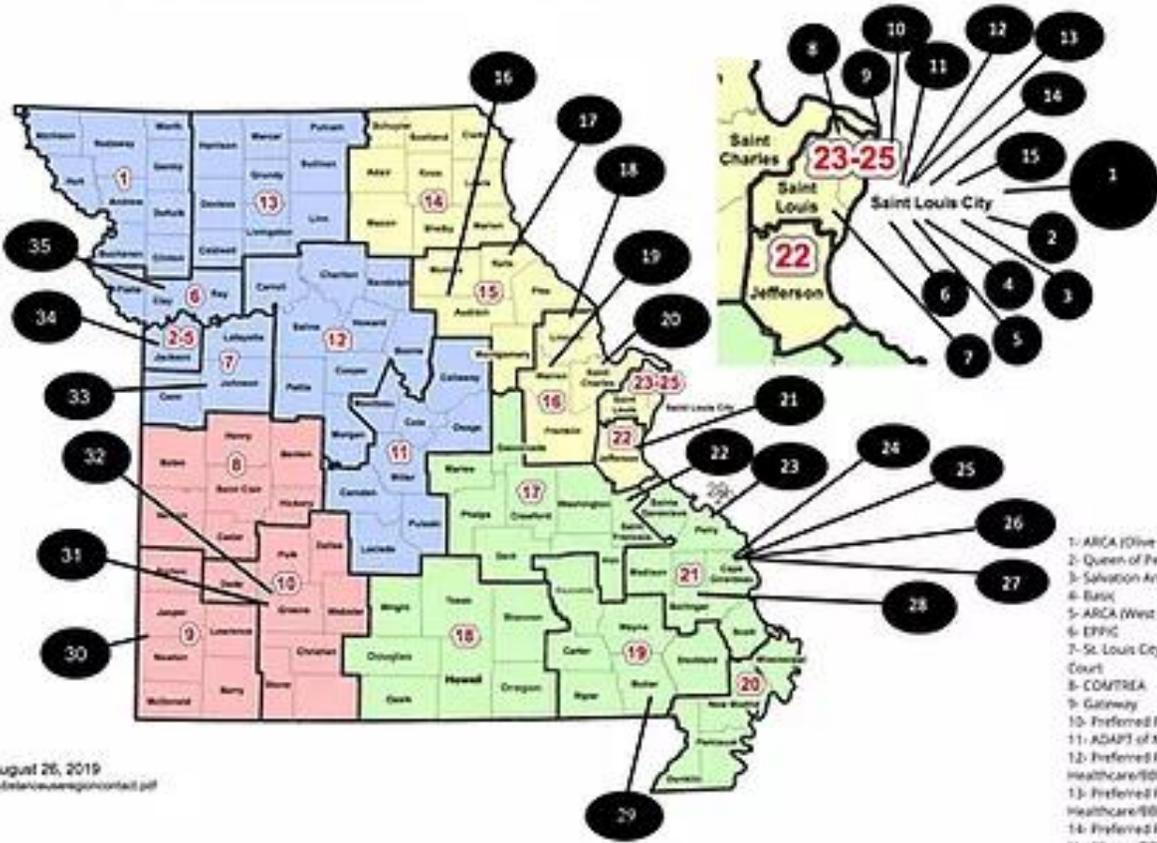
CEO Suneal Menzies working an outreach event.

ARCA TELEHEALTH COVERAGE MAP

Fred Rottnek, MD, MAHCM

Medical Director, ARCA

Professor and Director of Community Medicine, Dept. of Family & Community Medicine
 Program Director, Addiction Medicine Fellowship, Saint Louis University



August 26, 2019
arcatel@arcanet.org



- 1- ARCA (Olive Clinic)
- 2- Queen of Peace Center
- 3- Salvation Army
- 4- Basic
- 5- ARCA (West County)
- 6- EFFIC
- 7- St. Louis City Treatment Court
- 8- COMTREA
- 9- Gateway
- 10- Preferred Family
- 11- ADAPT of MO
- 12- Preferred Family Healthcare/IBH (Delmar)
- 13- Preferred Family Healthcare/IBH (Broadway)
- 14- Preferred Family Healthcare/IBH (Dunnick)
- 15- Preferred Family Healthcare/IBH (Brenwood)
- 16- Turning Pointe (Mexico)
- 17- Turning Pointe (Hannibal)
- 18- Preferred Family Healthcare/IBH (Troy)
- 19- Recovery Light House
- 20- Preferred Family Healthcare/IBH (St. Charles)
- 21- Chestnut Health Systems
- 22- SEMO (Farmington)
- 23- SEMO (St. Louis)
- 24- Gibson (Sprigg)
- 25- Gibson (Linden)
- 26- Gibson (Hillicrest)
- 27- Community Counseling Centers
- 28- Gibson (Marble Hill)
- 29- SEMO (Poplar Bluff)
- 30- Lafayette House
- 31- Preferred Family (Springfield)
- 32- Heartland Treatment (Springfield)
- 33- Recovery Light House (Warrensburg)
- 34- Heartland (KC)
- 35- Heartland (Liberty)



Briana Gibb, RN, BSN
 Director of Clinical Operations



Background

- Collaboration started March/April 2021 w/ St. Louis Area CIT Council, St. Louis County Police Crisis Intervention Unit (CIU) & ARCA
 - Leadership of Sgt. Gary Robertson
- Technical Assistance- Sean Gibbs, LPC, CMHL (BJC)
- ARCA's experience doing street outreach x2 years- natural pairing for this partnership
- Established Phone/Electronic Referral Pathways
- Established Tracking System
- June/July 2021 Deploy to St. Louis City
 - Leadership of Lt. Sally Panzer/Sgt. Ellis



How is ARCA working to support CIT and Diversion?

- Crisis Response System Team
- Leadership team provides technical assistance across disciplines.
- Currently six weeks into a pilot focusing on mobile treatment clinics impacting North St. Louis County, from which we have seen great success and engagement.
- Work with St. Louis County CIT/Law Enforcement
- ARCA's newly allocated CBHL
- Asking the question- How can ARCA support law enforcement?



Sean Gibbs, LPC, CBHL BJC



Officer Nicole Dickerson, St. Louis County Police, CIU

It takes a team to assist our clients as they help themselves...

Pathway to seek treatment

EMS



Intake Initiator/Assessment

Emergency Room

EPICC



Continuity of Care

Community SUD/MH Provider (Includes ARCA)



Diversion Opportunities

CIT

CBHL

Police Contact



Criteria

- Under 18 y/o
- Need Stabilized
- Need Persuaded?
- Need Detained?



Sobering Center



Dependent on Partnering Agency

Higher Level of Care

Community SUD/MH Provider (Higher Level of Care)

Walk In/Self-Referral



ARCA (Welcome Center)



ARCA SUD/MH Provider (ARCA Maintains Care)



Can return to ARCA for outpatient treatment.

Agency Referral



SUD/MH Continuum Flow Chart

Revised: 3/29/21

In-person, In-Community or Online

#ARCAOUTREACH

OUR MOBILE CLINIC DELIVERS MENTAL HEALTH & ADDICTION SERVICES

SERVICES ARE FREE!



arca ASSISTED RECOVERY CENTERS OF AMERICA
www.arcamidwest.com
Leaders in Addiction Medicine

Prevent + Ed
Leading the conversation on alcohol & other drugs

Living With Purpose
8005 N Broadway,
St. Louis, MO 63147
Every Wednesday
10 am - 3:30 pm

Jubilee Community Church
4231 N. Grand Blvd.
St. Louis, MO 63107
Every Thursday
10 am - 3 pm

Church House Ministries
6070 Harney Ave,
St. Louis, MO 63136
Every Friday
10 am - 3:30 pm

Refuge and Restoration
NON-PROFIT ORGANIZATION

- CBHL- 314-356-5624
- ARCA CIT Referral Line 314-678-3213
 - Staffed by Graduate Level/Licensed Clinician- CBHL (Level 2)
 - Real-time Clinical Assistance to Assist w/ Coordination of Care
 - In-patient SUD and/or co-occurring
 - Outpatient
 - ER/BHU
 - Bridge care
 - Hours- 8:30 AM to 4:30 PM, Voicemails returned following morning
- Regular time in the community riding with the CIU.
- ARCA Online Referral Form
 - <https://redcap.link/refer>

ARCA Online Referral Form

<https://redcap.link/refer>

Community Referral Form

Please complete the survey below.

Thank you!

Please complete the follow information to begin the intake process for an individual that you are working with. Below are the eligibility criteria:

- 1- Is the person you are referring over 18? (Must be yes)
- 2- Is the individual medically stable? (If questionable, let ARCA staff provide a phone consult: 314-678-3213)
- 3- Does the individual want to get treatment for drugs/alcohol or mental health? (Must be yes)
- 4- Is the individual currently detained? (Must be no)

1) Name of person making referral

* must provide value

2) Phone number for person referring client over

* must provide value

3) Client's Full Name

* must provide value

4) Client's address (If unhoused, please use zip code for where they currently stay)

ARCA Online Referral Form

4) Client's address (If unhoused, please use zip code for where they currently stay) Street City, State, Zip	<input type="text"/> <input type="text"/> <input type="text"/>
	Expand
	<input type="checkbox"/> Include Area Code
5) Phone number <i>* must provide value</i>	<input type="text"/>
	<input type="checkbox"/> Include Area Code
6) Date of birth <i>* must provide value</i>	<input type="text"/>  <input type="button" value="Today"/> Y-M-D
7) Age (years)	<input type="text"/>
8) Full SSN (This is required to initiate treatment.) <i>* must provide value</i>	<input type="text"/>
9) Ethnicity <input type="radio"/> Hispanic or Latino <input type="radio"/> NOT Hispanic or Latino <input type="radio"/> Unknown / Not Reported	<input type="button" value="reset"/>
10) Race	<input type="text" value=""/>
11) Gender	<input type="radio"/> Female

ARCA Online Referral Form

	<input type="radio"/> Other <input type="radio"/> Prefer not to say	reset
12) Reason for referral <i>* must provide value</i>	<input type="checkbox"/> Substance Use <input type="checkbox"/> Mental Health	
13) Is this individual currently enrolled at another organization for mental health care?	<input type="radio"/> Yes <input type="radio"/> No	reset
14) If person is enrolled at another organization please select the appropriate agency name. <i>* must provide value</i>	<input type="checkbox"/> Places for people <input type="checkbox"/> Gateway <input type="checkbox"/> BJC <input type="checkbox"/> Client unsure of other enrollment <input type="checkbox"/> Other	
15) If other enrolled in another agency not listed above, please list it here.	<input type="text"/>	
Please provide a brief description about the individual being referred to ARCA for services.		
16) Case Summary	<input type="text"/>	

How to contact me-

Aaron M. Laxton, MSW, LMSW

Community Behavioral Health Liaison

Cell- 314-356-5624

Referral- 314-678-3213

alaxton@arcamidwest.com