

# ARCA- Crisis Intervention Team (CIT) Partnership:

When homelessness, mental illness and substance use demand a crisis response.

Aaron M. Laxton, MSW, LMSW  
Community Behavioral Health Liaison



# Objectives

1. Why me, why ARCA
2. Learn about ARCA's CIT/CRU Project and other efforts
3. In-person, In-Community or Online
4. The St. Louis Addiction Treatment Care Continuum (STLATCC)
5. How to access ARCA CBHL

Address substance use and co-occurring mental health disorders among those in crisis, resulting in reduced law enforcement contact.



# A bit about me...

- Veteran, US Army (SGT/E5)
- Community Behavioral Health Liaison
- Licensed Missouri Social Worker
- Direct Service x 10 years in St. Louis
  - Unhoused Populations
  - Veterans
  - Addiction Treatment
  - Harm Reduction
- Aged out of Missouri Foster Care after 15 years, mother lived with schizophrenia w/ paranoid features
- PhD student, Saint Louis University, School of Social Work
  - Trauma & Addiction Treatment



Sean Gibbs, LPC, CBHL (BJC)  
Aaron Laxton, LMSW, CBHL (ARCA)



# How can ARCA help?



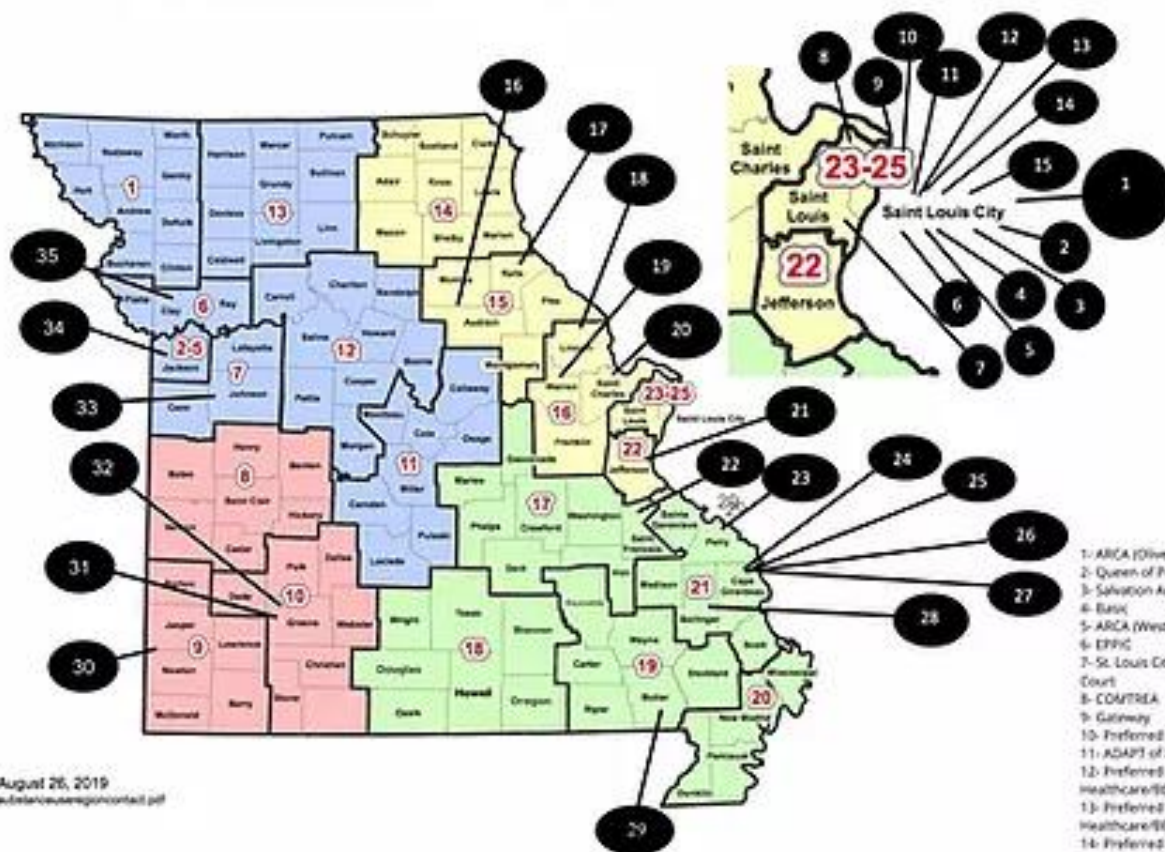
- Largest provider of Medicated Assisted Treatment in Missouri
  - Census of approximately 3,000 patients
- Work with all substance, not just fentanyl
  - Uptick in Stimulants and Alcohol
- Provide clinical support to 44 clinical partners
  - Several partners focus on adolescents
- Full interdisciplinary team
  - 65 Employees
- Wait times for SUD 24-48 hours, emergent cases worked in as appropriate.
- Wait time for MH approximately 5 days, emergent as appropriate
- On-site pharmacy that can delivery medications if within 30 miles of St. Louis
- We can send medications to other pharmacies without problem.

Humanizing treatment and making it attractive



CEO Suneal Menzies working an outreach event.

## ARCA TELEHEALTH COVERAGE MAP



August 26, 2019  
arcalcawebregioncontact.pdf



- 1- ARCA (Olive Clinic)
- 2- Queen of Peace Center
- 3- Salvation Army
- 4- Bask
- 5- ARCA (West County)
- 6- EPPIC
- 7- St. Louis City Treatment Court
- 8- COMTEA
- 9- Gateway
- 10- Preferred Family Healthcare/IBH (Delmar)
- 11- ADAPT of MO
- 12- Preferred Family Healthcare/IBH (Broadway)
- 13- Preferred Family Healthcare/IBH (Dunnicl)
- 14- Preferred Family Healthcare/IBH (Brentwood)
- 15- Preferred Family Healthcare/IBH (Mexico)
- 16- Turning Pointe (Hannibal)
- 17- Preferred Family Healthcare/IBH (Troy)
- 18- Recovery Light House (Warrensburg)
- 19- Preferred Family Healthcare/IBH (St. Charles)
- 20- Chestnut Health Systems
- 21- SEMO (Farmington)
- 22- Gibson (Spring)
- 23- Gibson (Linden)
- 24- Gibson (Hilcrest)
- 25- Community Counseling Centers
- 26- Gibson (Marble Hill)
- 27- SEMO (Poplar Bluff)
- 28- Lafayette House
- 29- Preferred Family (Springfield)
- 30- Heartland Treatment (Springfield)
- 31- Recovery Light House (Warrensburg)
- 32- Heartland (KC)
- 33- Heartland (Liberty)

## Fred Rottnek, MD, MAHCM

Medical Director, ARCA

Professor and Director of Community Medicine, Dept. of Family & Community Medicine  
Program Director, Addiction Medicine Fellowship, Saint Louis University



## Briana Gibb, RN, BSN

Director of Clinical Operations







# Background

- Collaboration started March/April 2021 w/ St. Louis Area CIT Council, St. Louis County Police Crisis Intervention Unit (CIU) & ARCA
  - Leadership of Sgt. Gary Robertson
- Technical Assistance- Sean Gibbs, LPC, CMHL (BJC)
- ARCA's experience doing street outreach x2 years- natural pairing for this partnership
- Established Phone/Electronic Referral Pathways
- Established Tracking System
- June/July 2021 Deploy to St. Louis City
  - Leadership of Lt. Sally Panzer/Sgt. Ellis



How is ARCA working to support CIT and Diversion?

- Crisis Response System Team
- Leadership team provides technical assistance across disciplines.
- Currently six weeks into a pilot focusing on mobile treatment clinics impacting North St. Louis County, from which we have seen great success and engagement.
- Work with St. Louis County CIT/Law Enforcement
- ARCA's newly allocated CBHL
- Asking the question- How can ARCA support law enforcement?



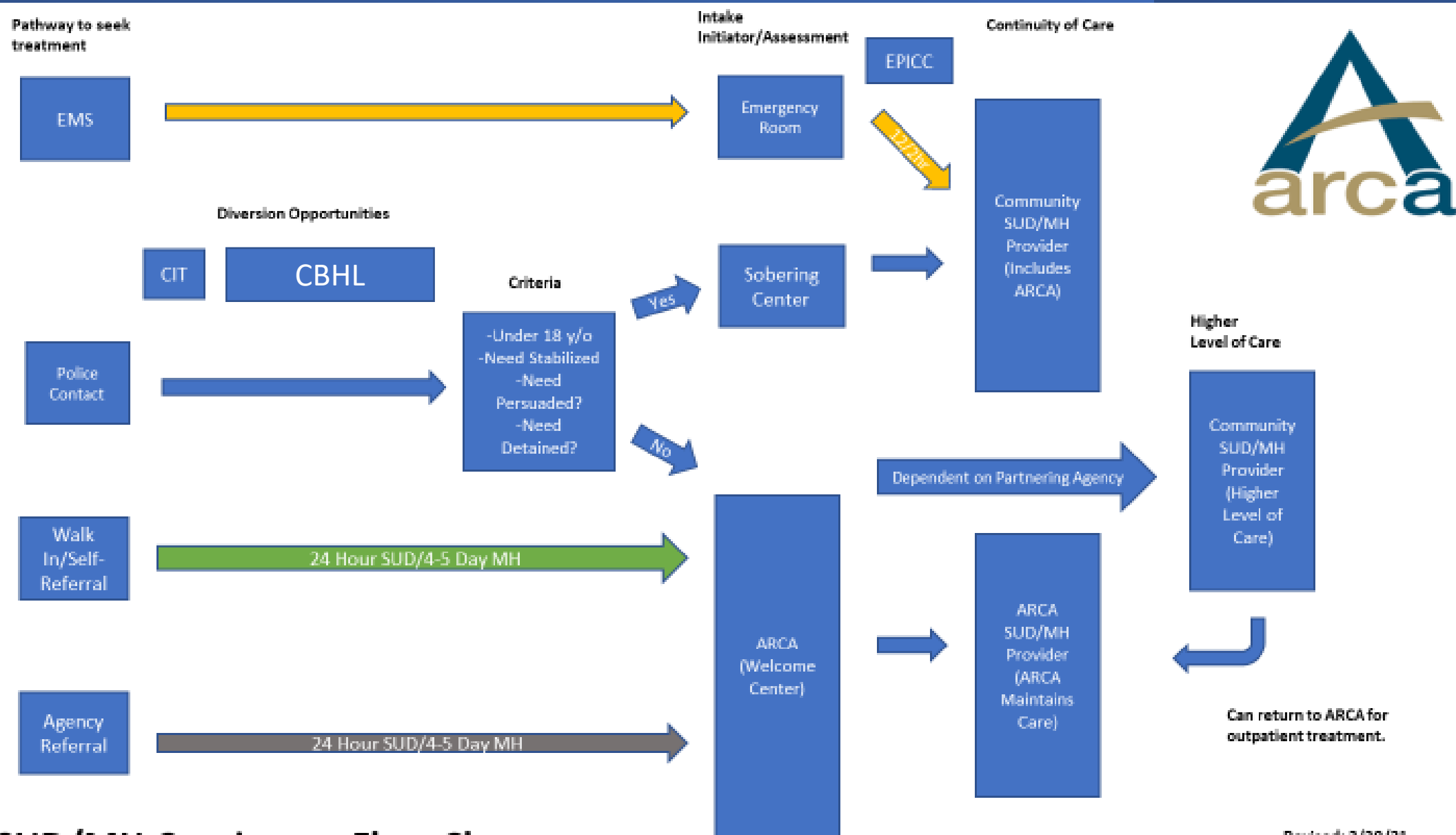
Sean Gibbs, LPC, CBHL BJC



Officer Nicole Dickerson, St. Louis County Police, CIU

It takes a team to assist our clients as they help themselves...





SUD/MH Continuum Flow Chart

Revised: 3/29/21

# In-person, In-Community or Online

#ARCAOUTREACH

**OUR MOBILE CLINIC DELIVERS MENTAL HEALTH & ADDICTION SERVICES**

**SERVICES ARE FREE!**

**arca** ASSISTED RECOVERY CENTERS OF AMERICA  
www.arcamidwest.com  
Leaders in Addiction Medicine

**Prevent + Ed**  
Leading the conversation on alcohol & other drugs

**Living With Purpose**  
8005 N Broadway,  
St. Louis, MO 63147  
Every Wednesday  
10 am - 3:30 pm

**Jubilee Community Church**  
4231 N. Grand Blvd.  
St. Louis, MO 63107  
Every Thursday  
10 am - 3 pm

**Church House Ministries**  
6070 Harney Ave,  
St. Louis, MO 63136  
Every Friday  
10 am - 3:30 pm

**Refuge and Restoration**  
NON-PROFIT ORGANIZATION



- CBHL- 314-356-5624
- ARCA CIT Referral Line 314-678-3213
  - Staffed by Graduate Level/Licensed Clinician- CBHL (Level 2)
  - Real-time Clinical Assistance to Assist w/ Coordination of Care
    - In-patient SUD and/or co-occurring
    - Outpatient
    - ER/BHU
    - Bridge care
  - Hours- 8:30 AM to 4:30 PM, Voicemails returned following morning
- Regular time in the community riding with the CIU.
- ARCA Online Referral Form
  - <https://redcap.link/refer>



# ARCA Online Referral Form

<https://redcap.link/refer>

## Community Referral Form

Please complete the survey below.

Thank you!

Please complete the follow information to begin the intake process for an individual that you are working with. Below are the eligibility criteria:

- 1- Is the person you are referring over 18? (Must be yes)
- 2- Is the individual medically stable? (If questionable, let ARCA staff provide a phone consult: 314-678-3213)
- 3- Does the individual want to get treatment for drugs/alcohol or mental health? (Must be yes)
- 4- Is the individual currently detained? (Must be no)

1) Name of person making referral

\* must provide value

2) Phone number for person referring client over


\* must provide value

3) Client's Full Name

\* must provide value

4) Client's address (If unhoused, please use zip code for where they currently stay)

# ARCA Online Referral Form

4) Client's address (If unhoused, please use zip code for where they currently stay)	
Street	
City, State, Zip	
	Expand
	Include Area Code
5) Phone number	
* must provide value	Include Area Code
6) Date of birth	
* must provide value	<input type="text"/>  Today Y-M-D
7) Age (years)	
8) Full SSN (This is required to initiate treatment.)	
* must provide value	
9) Ethnicity	
<input type="radio"/> Hispanic or Latino <input type="radio"/> NOT Hispanic or Latino <input type="radio"/> Unknown / Not Reported	reset
10) Race	<input type="text"/>
11) Gender	<input type="radio"/> Female



# ARCA Online Referral Form

	<input type="radio"/> Other <input type="radio"/> Prefer not to say	reset
<b>12) Reason for referral</b> <small>* must provide value</small>	<input type="checkbox"/> Substance Use <input type="checkbox"/> Mental Health	
<b>13) Is this individual currently enrolled at another organization for mental health care?</b>	<input type="radio"/> Yes <input type="radio"/> No	reset
<b>14) If person is enrolled at another organization please select the appropriate agency name.</b> <small>* must provide value</small>	<input type="checkbox"/> Places for people <input type="checkbox"/> Gateway <input type="checkbox"/> BJC <input type="checkbox"/> Client unsure of other enrollment <input type="checkbox"/> Other	
<b>15) If other enrolled in another agency not listed above, please list it here.</b>	<input type="text"/>	
<b>Please provide a brief description about the individual being referred to ARCA for services.</b>		
<b>16) Case Summary</b>	<input type="text"/>	

How to contact  
me-

Aaron M. Laxton, MSW, LMSW

Community Behavioral Health Liaison

Cell- 314-356-5624

Referral- 314-678-3213

[alaxton@arcamidwest.com](mailto:alaxton@arcamidwest.com)